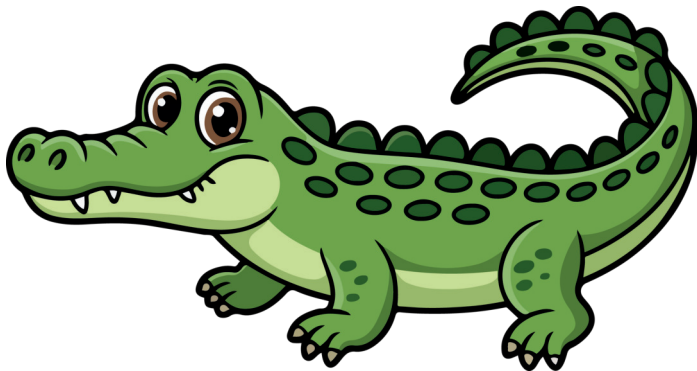


A

Alligator Crawl

Crawl on your belly with arms pulling forward like an alligator in the swamp.



B

Bear Walk

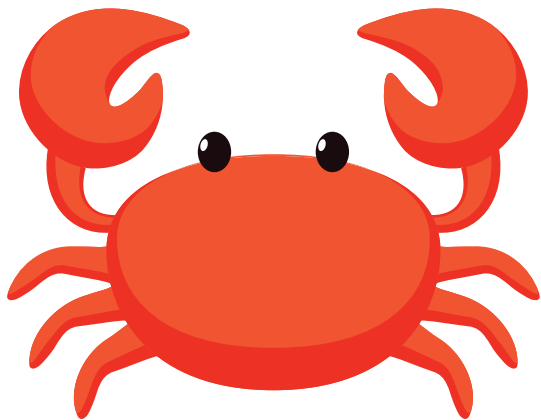
Walk on hands and feet with hips up high.



C

Crab Walk

Sit, lift your tummy, and walk backwards using hands and feet.

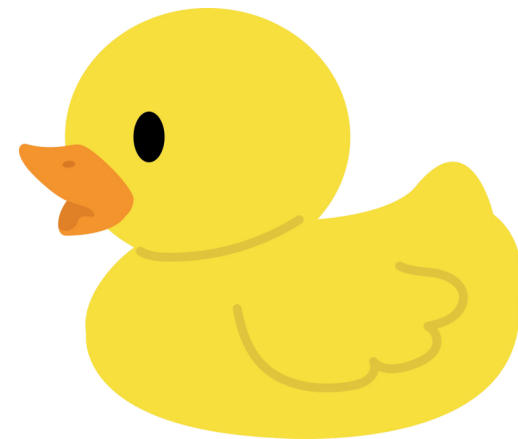


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D

Duck Waddle

Squat low and waddle side to side like a duck.



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